WISDOM STANDS FOR WOMEN'S HEALTH











Protecting women's access to healthcare is important now more than ever. Women have unique health care challenges and are at higher risk of developing certain diseases. Yet, many of us can't access the care we need, and treatments and screening programs are outdated. To help make medical advances and improve our health we must get involved and demand change. That is why we are introducing you to the **WISDOM Study**. Participating in WISDOM is one way to help bring progress to women's health.

What is the WISDOM Study?

Founded by doctors at the University of California, the <u>WISDOM Study</u> is a nation-wide research trial working to improve breast cancer screening and detection, so that more women can live healthier, longer lives. The study is conducted mostly online, and **there is no cost to participate.** Visit <u>www.thewisdomstudy.org</u> to learn more and enroll.

WHAT'S INVOLVED?

- Complete one online survey about your health each year, for at least 5 years.
- You will receive personal recommendations on when and how often to get screened for breast cancer.
- You can learn about your personal risk for breast cancer - including your genetic risk and ways to reduce that risk.
- Simply visit the WISDOM website to learn more and enroll: <u>WWW.THEWISDOMSTUDY.ORG</u>



Enroll today at: www.thewisdomstudy.org

