



# RESOURCES

# YOU DON'T NEED TO FACE HEREDITARY CANCER ALONE. LET FORCE SUPPORT AND EMPOWER YOU!

FORCE connects people and families with Lynch syndrome (EPCAM, MLH1, MSH2, MSH6, PMS2) or an inherited mutation in BRCA1, BRCA2, ATM, BRIP1, CHEK2, PALB2, PTEN, RAD51C, RAD51D and other genes with:

- Compassionate support
- Up-to-date information and navigation
- · Relevant clinical trials

Subscribe to FORCE's monthly e-newsletter at FacingOurRisk.org/Subscribe

## **EDUCATION**

#### Information Library: FacingOurRisk.org

Visit our website, one of the largest collections of expert-reviewed hereditary cancer information, allowing individuals to quickly find a wealth of information that relates to them.

#### Be Empowered Webinars: FacingOurRisk.org/Webinars

Watch our online webinars available live and on-demand. Our series features presentations by experts on topics of importance to our community.

#### Post Mastectomy Photo and Video Gallery: FacingOurRisk.org/Gallery

View our gallery of images and videos, submitted by our members, after their mastectomy and reconstruction.

#### XRAY Program: FacingOurRisk.org/XRAY

Read our XRAY reviews for reliable information about cancer research news.

#### Spanish Language Resources: FacingOurRisk.org/Spanish

Find information and resources provided in Spanish.

#### Learn to Spot Online Health Misinformation: FacingOurRisk.org/BOAST

Use this tool and quiz to help you learn which online health information is trustworthy.

#### Information by Gene: FacingOurRisk.org/Gene

Find details on cancer risks, prevention and treatment guidelines and research for specific genes.

### RESEARCH

#### Find and Enroll in Research: FacingOurRisk.org/Research

Visit our research section to find research studies enrolling people like you.

# **SUPPORT**

#### Peer Navigation Program: FacingOurRisk.org/PNP

Get matched to a trained Peer Navigator volunteer who shares a similar experience as you for confidential 1:1 support.

#### Private Facebook Group: FacingOurRisk.org/Facebook

Connect with peers, ask questions and share your story with our growing community of individuals facing hereditary cancers.

#### Support Meetings: FacingOurRisk.org/Calendar

Connect virtually on Zoom with peers, trained volunteers and genetic counselors. Group meetings are offered by gene: ATM/CHEK2/PALB2 and Other Mutations, BRCA1&2 Mutations and Lynch Syndrome Mutations; or by Community: ASL, Español, General Support, LGBTQIA+, Mastectomy Prep & Recovery, Men, Parents or Caregivers, People of Color, Previvors, Survivors and Young Previvors.

#### Decision Checklist and Surgery Tip Sheet Tool: FacingOurRisk.org/Checklist-Wizard

Use our interactive tool to create personalized lists of questions to ask your doctors and tips to prepare for surgeries and procedures.

#### Message Boards: FacingOurRisk.org/MessageBoards

Register for our forum where you can discuss topics online 24/7 with others in our community.

#### Insurance & Reimbursement: FacingOurRisk.org/Insurance

Learn about health insurance coverage and reimbursement. Get tips on insurance appeals and customizable appeal letters.

#### Financial Assistance: FacingOurRisk.org/FinancialAssistance

Find national resources and grant programs to help offset costs for healthcare services and more.

#### Find Healthcare Experts: FacingOurRisk.org/HealthcareProviders

Locate experts knowledgeable in cancer genetics, including genetic counselors, specialists, surgeons and more.

#### Volunteer for FORCE: FacingOurRisk.org/Volunteer

Help us raise awareness, provide support and advocate on behalf of the hereditary cancer community. Complete a volunteer application to learn more.

### **ADVOCACY**

#### Public Policy: FacingOurRisk.org/PublicPolicy

Learn about FORCE's advocacy efforts to improve policies and laws for the hereditary cancer community.

#### Patient Advocate Leader Training Program: FacingOurRisk.org/PAL

Help us advocate for state and federal laws that improve access to high-risk cancer screenings, targeted therapies, fertility services and more.

# FORCE improves the lives of the millions of individuals and families facing hereditary cancer.

Learn more at: FacingOurRisk.org • info@FacingOurRisk.org 16057 Tampa Palms Blvd. W. PMB #373, Tampa, FL 33647



